



Wellbeing and Pastoral Support

My name is Rhiannon Richards, I am the Wellbeing and Pastoral Care Worker at Ysgol Gymraeg Bro Ogwr and have over 20 years' experience of working with children and their families in school.

My main role in school is to provide a listening ear and support to any child or family member who may be finding it hard to cope either emotionally, socially, or physically and closely monitoring attendance and punctuality.

We want children and family members to enjoy their time in Ysgol Gymraeg Bro Ogwr and we understand that there are times when worries in school and at home can impact on happiness and well-being. Pupils can see me for a wide range of reasons including family break up, bereavement, anger management, friendship issues, low self-esteem, amongst many other things. We believe that by providing a happy and safe environment for your children they can reach their full potential and make a positive contribution to school and community life.

We want our pupils and parents to feel confident to bring their problems/anxieties about school to us immediately. I work in school every day and if you would like to pop in for a chat, please ask at the school office or ring to make an appointment.

We will be organizing coffee mornings and events shortly and this will be an opportunity to come and meet other parents and carers, in addition to having the opportunity to meet the pastoral staff in person.

Lles a Chefnogaeth Fugeiliol

Fy enw i yw Rhiannon Richards, fy swydd yw'r Gweithiwr Lles a Gofal Bugeiliol yn Ysgol Gymraeg Bro Ogwr ac mae gen i dros 20 mlynedd o brofiad o weithio gyda phlant a'u teuluoedd yn yr ysgol.

Fy mhrif rôl yn yr ysgol yw darparu clust i wrando a rhoi cefnogaeth i unrhyw blentyn neu aelod o'r teulu a allai fod yn ei chael amser anodd ymdopi naill ai'n emosiynol, yn gymdeithasol, neu'n gorfforol ac yn monitro presenoldeb a phrydlondeb yn ofalus.

Rydyn ni am i blant ac aelodau'r teulu fwynhau eu hamser yn Ysgol Gymraeg Bro Ogwr ac rydyn ni'n deall bod yna adegau pan all pryderon yn yr ysgol a gartref effeithio ar hapusrwydd a lles. Gall disgyblion fy ngweld am gwahanol resymau gan gynnwys chwalu teulu, profedigaeth, rheoli dicter, materion cyfeillgarwch, hunan-barch isel, ymhlith llawer o bethau eraill. Credwn, trwy ddarparu amgylchedd hapus a diogel i'ch plant, y gallant gyrraedd eu potensial llawn a gwneud cyfraniad cadarnhaol i fywyd yr ysgol a'r gymuned.

Rydym am i'n disgyblion a'n rhieni deimlo'n hyderus i ddod â'u problemau / pryderon am yr ysgol atom ar unwaith. Rwy'n gweithio yn yr ysgol bob dydd ac os hoffech chi alw heibio am sgwrs, gofynnwch yn swyddfa'r ysgol neu ffoniwch i drefnu apwyntiad.

Byddwn yn trefnu boreau a digwyddiadau coffi yn fuan a bydd hwn yn gyfle i ddod i gwrdd â rhieni a gofaluwr eraill, yn ogystal â chael cyfle i gwrdd â'r staff bugeiliol yn bersonol.