



Rydyn ni fel ysgol yn cefnogi'r banc bwyd ar gyfer ein dathliad Cynhaeaf 17/10/22. Hoffwn i chi ddanfon bwydydd sydd ar y rhestr er mwyn helpu eraill. Mae'r banc bwyd yn gofyn hefyd am fagiau siopa plastig hefyd. A wnewch chi ddanfon eich rhoddion erbyn dydd Gwener 21/10/22.

Diolch am eich cefnogaeth
Mrs Richards

As a school we are supporting the food bank for our Harvest festival this year on 17/10/22. We would like foods on the list in order to help others. The food bank would also like plastic shopping bags. Could you please send in your donations by 21/10/22.

Thank you for your support
Mrs Richards

Food bank harvest appeal / Apêl cynhaeaf banc bwyd

Tinned Meat	Cig mewn Tun
Tinned Fish	Pysgod mewn Tun
Tinned Vegetables	Llysiau mewn tun
Pasta Sauces	Sawsiau Pasta
Coffee Jars	Jariau Coffi
Tinned Fruit	Ffrwythau mewn tun
Tinned Custard	Cwstard mewn tun
Tinned Rice Pudding	Pwdin Reis mewn Tun
Tinned Tomatoes	Tomatos mewn tun